

A mystery isn't something that doesn't make sense – it's something that you can't explain with your head, your mind. You can only receive in your heart.

Think of someone you love deeply – how could you explain that love in rational terms? You couldn't, it's a mystery.

The Trinity is a mystery that can't be explained, only received by the heart and experienced. In seminary it used to amuse me when a book started off saying: "The Trinity is the most profound of mysteries which can never be truly understood or explained" – and then banged on for six hundred pages trying to do just that; and it didn't amuse me at all when we were told to plough through it all.

At the most fundamental level, the doctrine of the Trinity is about relationship, because three is the basic unit of any and every relationship: 1 goes nowhere, 2 is the possibility of relationship and 3 is the nature of the relationship between them. So the mystery of the Trinity is there within every human experience of relationship, whatever it might be, positive or negative. The divine Trinity is a relationship of love within God

Of course, many people would dismiss all this as delusional rubbish – but what a dismal world they live in. But their lives too, even though they don't know it, are trinitarian. The modern trinity is money, sex and celebrity, and those who worship at its altars are snared, deceived and enslaved. The Christian doctrine of the Trinity has

been revealed in scripture and Church teaching, and those who worship at its altars are called, saved and sanctified.